



Katahdin Valley Health Center

Satisfying Healthcare Needs For 34 Years

2007 Primary Care FACTS

Our Services

Family Medicine, Men and Women's Health, Pediatrics, Prescription Assistance, Laboratory, Optometry, Podiatry
Mental Health and Substance Abuse Counseling, Occupational Medicine, Diabetes Education

Providers: 5 Medical Doctors including 2 Pediatricians, 1 Physician Assistant, 2 Family Nurse Practitioners,
1 Mental Health and Substance Abuse Counselor

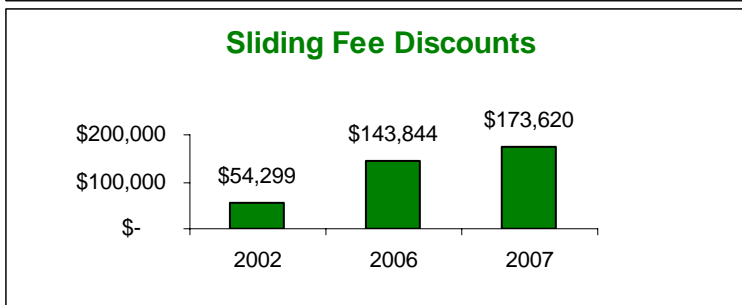
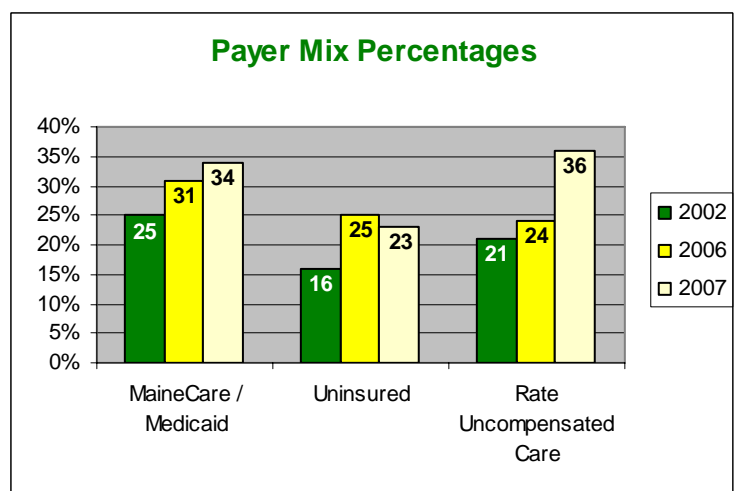
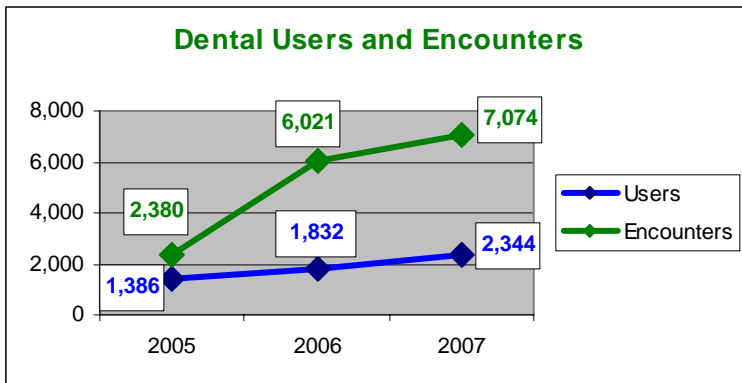
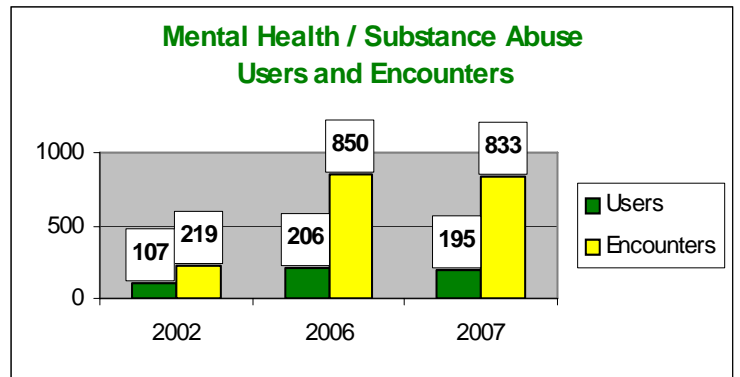
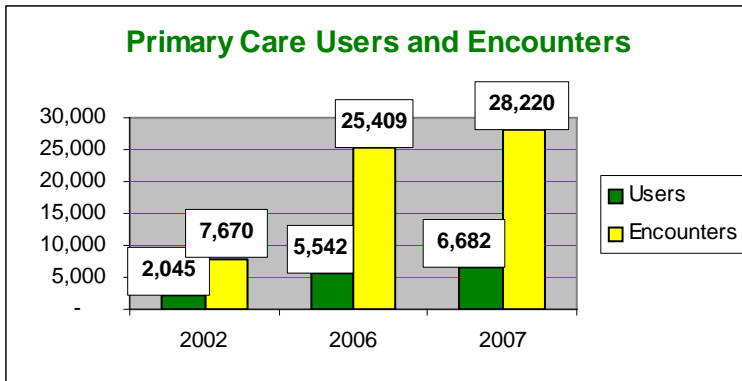
Patients Served: 6,682 Patient Visits/Year: 28,220

Medicare, MaineCare, Health Insurance Accepted; Sliding Fee Programs Available

Primary Care Statistics

- Patient satisfaction for primary care: 98%
- Implemented electronic medical records and electronic billing in 2006, improving efficiency and efficacy.
- KVHC received \$50,000 one-time funding from the state of Maine to establish a patient drug assistance program. In 2007, 88 patients received 499 prescription drugs, through KVHC's patient assistance program, for a total savings for patients of \$135,374.
- KVHC provided 60,033 FREE samples to patients through collaboration with pharmaceutical companies.
- In 2005 \$194,000 in federal funding was earmarked for new equipment purchased to improve KVHC's information technology infrastructure.

KVHC is currently at capacity, recruiting additional medical staff to increase access.



Houlton * Island Falls * Millinocket * Patten
1-866-366-5842 (toll free to all locations)
www.kvhc.org



Katahdin Valley Health Center

Satisfying Healthcare Needs For 34 Years

2007 Dental FACTS

Our Services

Services: Pediatric and Adult Dental Care, including preventative and restorative services
Exams, cleanings, x-rays, sealants, fillings, extractions, root canals, crowns, partials, dentures
Providers: 1 Pediatric Dentist, 2 General Dentists, 2 Dental Hygienists
Patients Served: 2,344
Patient Visits/Year: 7,074
Medicare, MaineCare, Health Insurance Accepted; Sliding Fee Programs Available

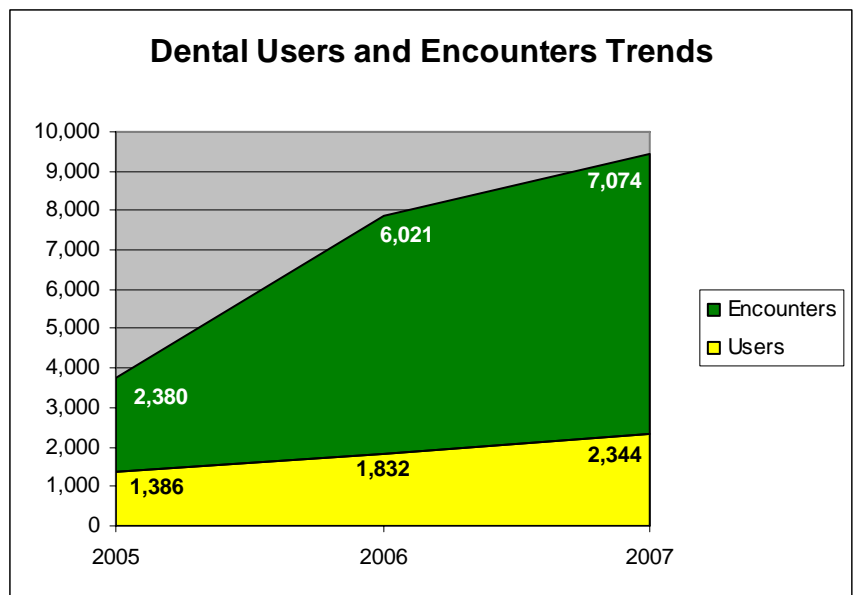
Dental Statistics

- 39% increase in MaineCare dental users in a one-year period
- 759 MaineCare and uninsured pediatric users statewide (1/1/07 - 12/31/07)
- \$77,400 Sliding Fee benefit (1/1/07 - 12/31/07)
- 120 MaineCare prior authorizations obtained to provide definitive care to adult beneficiaries

KVHC is currently at capacity, recruiting dental staff to support the growing demand.

Dental Center Location

50 Summer Street
Millinocket, ME 04462
207-723-6565 or 1-866-366-5842 [toll free]



Community Outreach

KVHC's Dental staff attended community health fairs in 2005, 2006 and 2007. Each February, KVHC's Dental team celebrates National Children's Dental Health Month by sponsoring an annual coloring contest for KVHC pediatric patients ages 3 to 6 to increase oral health awareness and provides seminars in area nursing homes and schools talking with more than 1,000 students about the importance of oral hygiene. Throughout the year, KVHC's Dental team participates in community Lunch 'n Learn programs in collaboration with Millinocket Regional Hospital, Katahdin Area Partnership and other organizations in our service district. Additional programs include Healthy Mouths for Halloween and making healthy Christmas ornaments at annual community events. In 2006 KVHC's Dental Director successfully obtained a grant from the Watch Your Mouth Foundation enabling KVHC to participate in a healthy oral hygiene public awareness campaign for several months, educating the public that when children's oral health suffers, so does their progress in school. Dental decay is a serious medical condition that can undermine a child's healthy development. Because dental disease is caused by a bacterial infection, it has been linked to life-long health problems like heart and lung disease. Today, oral disease is the most common chronic childhood disease in America, five times as common as asthma. Funds from the Watch Your Mouth campaign enabled KVHC to participate in educational seminars, public awareness advertising, and place articles in community news media to raise public awareness.

Since KVHC's Dental Clinic opened in February 2005, our Dental Team has served more than 2,344 pediatric and adult patients, for a total of 7,074 encounters.

For more information about Katahdin Valley Health Center, please write or call:

Public Relations
Katahdin Valley Health Center
P. O. Box 500, Patten, ME 04765



Katahdin Valley Health Center

Satisfying Healthcare Needs For 34 Years

2007 FACTS

Katahdin Valley Health Center (KVHC) is a group of full-service rural health centers located in northern Maine with clinics in Patten, Houlton, Island Falls and Millinocket, whose goal is to redesign the system of healthcare to provide improved, standardized care to our patients. KVHC is a Federally Qualified Health Center, receiving federal grant funds used to provide high quality, cost effective health care to all who need our services. KVHC provides health care services to a population of more than 6,682, including uninsured and underinsured community members who may not otherwise have healthcare services available to them. KVHC serves 26 towns, 5 plantations and 22 Unorganized Territories, with a total population of 30,046 covering 3,236 square miles throughout Southern Aroostook and Northern Penobscot Counties.

KVHC expanded patient services for Katahdin Region people with the addition of optometry, podiatry and pediatric care.

KVHC rendered free medical services totaling \$713,320 to citizens throughout the Katahdin Region.

A total of 88 patients at our Patten, Houlton, Island Falls and Millinocket clinics received assistance through KVHC's patient assistance program, receiving 499 prescription drugs, resulting in a total savings for patients of \$135,374.

KVHC provided, directly from pharmaceutical companies, an additional 60,033 free samples to patients.

Economic Impact / Community Investment

No. of Employees: 72	New positions created since January 2006: 9
Payroll (including wages and benefits): \$3,211,430 per year	
Purchased Services and Materials: \$1,302,472 per year	
Purchased Property: \$85,000	
Patients Served: 6,682	Patient Visits/Year: 28,220

Our Services

Providers: 1 Pediatric Dentist, 2 General Dentists, 2 Dental Hygienists

5 Medical Doctors including 2 Pediatricians, 1 Physician Assistant, 2 Family Nurse Practitioners, 1 Social Worker

In-Practice Services:

Family Medicine / Pediatrics / Men and Women's Health / Prescription Assistance / Laboratory / Podiatry / Diabetes Education
Mental Health, Substance Abuse / Occupational Medicine / Pediatric & Adult Dental / Pediatric & Adult Optometry
Katahdin Valley Health Center accepts MaineCare, Medicare, other insurance and offers a sliding fee discount program.

Collaborative Services:

Aroostook and Eastern Agencies on Aging / Ambulance Services / Community Health and Counseling Services (Bangor)
Fish River Rural Health Center / Gardiner Health Care Facility (Houlton) / Health Services Foundation (Houlton)
Hodgdon Schools / Houlton Regional Hospital / Katahdin Area Partnership / Legal Services for the Elderly / Madigan Estates
Nursing Home (Houlton) / Millinocket Regional Hospital / Mountain Heights Health Care (Patten) / People Helping People
Quality Counts / Visiting Nurses of Aroostook

Center Locations

Primary Care

30 Houlton Street, Patten * 59 Bangor Street, Houlton * 1300 Crystal Road, Island Falls * 180 Aroostook Avenue, Millinocket

Dental Care—50 Summer Street, Millinocket—207-723-6565

Occupational Medicine—15 Hartford Street, Houlton—207-532-4782

For more information about Katahdin Valley Health Center, please write or call:

Public Relations

Katahdin Valley Health Center

P. O. Box 500, Patten, ME 04765

207-528-2285, Ext. 301

1-866-366-5842 (toll free to all locations) www.kvhc.org