



KATAHDIN VALLEY HEALTH CENTER

PO BOX 500
30 HOULTON STREET
PATTEN, ME 04765

PHONE: 207-528-2285 FAX: 207-528-2880
E-mail: kvhc@kvhc.org

NEWS RELEASE (w/photo)

SOURCE:

Durward L. Humphrey, Executive Director

For additional information, please contact:

Gaile Nicholson
Director, Communications
207-528-8040
gnicholson@kvhc.org



JOSEPH SARDINA, M.D. JOINS KVHC

MILLINOCKET and PATTEN, ME – January 23, 2006 -- Katahdin Valley Health Center, with healthcare facilities in Millinocket, Patten, Houlton and Island Falls, is pleased to announce that Joseph A. Sardina, M.D. has joined its medical staff as a physician and medical director.

Dr. Sardina is a licensed family practitioner who offers a broad range of family health care services to people of all ages and genders, at affordable rates, throughout the Katahdin Region.

He holds certifications from the American Board of Family Physicians and in Basic Cardiac Life Support.

A *magna cum laude* graduate of Salem State College in Salem, Massachusetts, he earned his Bachelor of Science degree in biology, with a double minor in chemistry and philosophy.

Dr. Sardina received his Doctor of Medicine degree from the University of Massachusetts Medical School at Worcester in 1991.

Prior to joining KVHC, Dr. Sardina practiced as a family physician at hospitals and family clinics in the Greater Bangor area. He is also a part-time faculty preceptor physician at Eastern Maine Medical Center, a teaching position he has enjoyed since 1994.

“I have always enjoyed the Greater Katahdin Region’s outstanding recreational opportunities and look forward to returning to the area. In 2001 I had the opportunity to work at Katahdin Valley Health Center for six months and fully enjoyed my tenure as a staff physician at that time. I look forward to serving the people in the Katahdin Region, providing quality health care services as well as developing the scope of services at KVHC through my experience at Penobscot Community Health Center,” said Dr. Sardina. “As medical director, I look forward to collaborating with KVHC’s providers and staff.”

Dr. Sardina is registered and licensed to practice family medicine in the state of Maine.

KVHC Executive Director Durward Humphrey said, “Dr. Sardina brings a wealth of family practice experience to KVHC and is committed to providing the highest standard of care to our patients. Dr. Sardina will be practicing family medicine in Millinocket three days each week and in Patten one day.”

“Dr. Sardina’s personal commitment of providing excellence in customer service and satisfaction mirrors KVHC’s mission of providing high quality, cost-effective health care to all who need our services. KVHC does not discriminate based on a person’s ability to pay and is committed to providing high quality health care to the insured, uninsured and under-insured community members who may not otherwise have medical services available to them. We are very pleased that Dr. Sardina has elected to join KVHC’s team of medical providers,” said Humphrey.

Dr. Sardina is accepting new patients of all ages. Appointments can be made by calling 1-866-366-5842 or 723-6551.

Katahdin Valley Health Center (KVHC) is a provider of high quality, cost effective primary health, dental, substance abuse and mental health care to the people in the Greater Katahdin Region. A Federally Qualified Health Center, KVHC is a nonprofit business governed by a board of directors, comprised of area volunteers, funded by a federal grant under Section 330 of the Public Health Service Act of the U.S. Department of Health and Human Services. KVHC employs 63 people at its facilities in Houlton, Island Falls, Millinocket and Patten.

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