

BROWNVILLE MAINE
And Surrounding Area Resources
Katahdin Valley Health Center (FVHC) Patient Assistance Office

Wendy Van Dine
Community Health Worker
(207)538-3700 Ext. 592
180 Main Rd. Brownville, ME 04414

Town Offices:

Town of Brownville Maine 586 Main Rd. Brownville, ME 04414	(207)965-2561
Town of Milo Maine 6 Pleasant St. Milo, ME 04463	(207)943-2202
Town of Sebec Maine 29 North St. Sebec, ME 04481	(207)564-8367
Town of LaGrange Maine 5791 Bennoch Rd. LaGrange, ME 04453	(207)943-2085

Post Offices:

Brownville Village Post Office 27 Church St Brownville, ME 04414	(207)965-8520
Brownville Junction Post Office 77 Railroad Ave. Brownville Junction, ME 04415	(207)965-8553
Milo Post Office 10 Pleasant St. Milo ME 04463	(800)275-8777
LaGrange Post Office 5763 Bennoch Rd. LaGrange, ME 04453	(800)275-8777

Libraries:

Brownville Free Public Library 27 Church St. Brownville, ME 04414	(207)965-5229
Milo Free Public Library 4 Pleasant St. Milo, ME 04463	(207)943-2612

Piscataquis County Food Pantries

Dover-Foxcroft Area Food Center:

Shopping by appointment every Tuesday, Thursday, and Friday.

Address: 76 North St., Dover-Foxcroft, ME

Contact: (207) 802-8230

Guilford Partnership Pantry:

2nd and 4th Fridays of the month
from 12-3 pm

Address: 84 Elm Street, Guilford ME

Contact: (207) 518-8833

Greenville Partnership Pantry:

1st and 3rd Mondays of the month
from 12pm-1pm

Address: New Life Church, 60 Mayhew Manor Rd., Greenville, ME

Contact: (207) 735-6564



American Legion Food Pantry

Address: 218 Pritham Ave., Greenville, ME

Contact: (207) 695-3248

Sangerville First Universalist Church Pantry

1st and 3rd Wednesdays of the month
from 9am - 11am

Address: Church St., Sangerville, ME

Contact: (207) 876-4926



Dyers Hope House (Milo)

Thursday (except 5th Thursday of the month)
from 9am - 1pm

Address: 17 Park St, Milo, ME

Contact: (207) 279-1614

Dexter Community Food Closet

1st Wednesday

From 8am - 9am

Address: 130 Spring Street, Dexter, ME

Contact: (207) 924-7419

Safe Place Pantry (Corinth)

1st & 3rd (Full Week) Wed & Thursday

From 9am - 3pm

328 Main St Corinth, ME

Contact: (207) 299-7671



Churches:

Brownville Community Church 84 Church St. Brownville, ME 04414	(207)965-7872
Brownville Junction United Methodist Church 11 Front St. Brownville, ME 04414	(207)965-1951
Park Street United Methodist Church 16 Park St. Milo, ME 04463	(207)943-2609
United Methodist Church 8 Pleasant St. Milo, ME 04463	(207)943-5500
Charleston Church Three Rivers 98 Elm St. Milo, ME 04463	(207)285-3504
SS. Francis & Paul Catholic Church 128 Riverside St. Milo, ME 04463	(207)924-7104
Kingdom Hall of Jehovah's Witnesses 472 W Main St. Milo, ME 04463	(207)943-2677
Sebec Village Community Christian Church 734 Sebec Village Rd. Sebec, ME 04481	(207)564-8251
The Bridge Church 676 Milo Rd. Sebec, ME 04481	(207)717-4701
Sebec Corner Baptist Church 685 Milo Rd. Sebec, ME 04426	(207)564-7542

Thrift Stores:

Brownville Community Church Thrift Store 84 Church St. Brownville, ME 04414	(207)965-7872
St. Augustine's Thrift Store 1213 Dexter Rd. Dover-Foxcroft, ME 04426	(207)564-2924
Win-Win Thrift Store 8 Moosehead Lane Suite 120 Dover-Foxcroft, ME 04426	(207)717-7995
Our Bargain Barn 79 E Main St. Dover-Foxcroft, ME 04426	(207)943-6578

Heating/Utility/Transportation Assistance:

Penquis – Community Action Agency (207)564-7116
50 North St. Dover-Foxcroft, ME 04426

Penquis – Community Action Agency (207)973-3500
262 Harlow St. Bangor, ME 04402

Salvation Army (207)941-2990
65 S. Park St. Bangor, ME 04402

Hotlines/Crisis Numbers:

If you are in danger or an immediate emergency, please dial 9-1-1.

Milo Police Department – 207-9943-2522 – 6 Pleasant St, Milo, ME 04463
Dover-Foxcroft Police Department – 207-564-8021 – 182 E. Main St, Dover-Foxcroft, ME 04426
Piscataquis County Sherriff's Office – 207-564-3304 – 52 Court St, Dover-Foxcroft, ME 04426
Dexter Police Department – 207-924-7622 – 1 Main St, Dexter, ME 04930
Maine State Troopers – 207-532-5400
DHHS Maine Crisis Hotline – 1-888-568-1112 or 711 (Maine Relay) or Text "HOME" to 741741
DHHS Elder/Dependent Abuse – 1-800-624-8404 (voice) or 711 (Maine Relay)
Maine Crisis Warm Line – 1-866-771-9276
National Suicide Prevention Lifeline – Phone or Text – "988" - www.988lifeline.org
Partners for Peace – 1-800-863-9909 – 1-800-437-1220 (TTY)
National Domestic Violence Hotline – 1-800-799-7233 – Text "START" to 88788
Maine Coalition against Sexual Abuse – 207-626-0034
Maine Sexual Abuse Helpline – 1-800-871-7741
National Sexual Abuse Hotline – 1-800-656-4673
Poison Control – 1-800-222-1222

Fire Departments:

Brownville – (207)965-2561 – 586 Main Rd. Brownville, ME 04414
Milo – (207)943-2303 – 6 Pleasant St. Milo, ME 04463
Sebec – (207)564-2090 – 719 Sebec Village Rd. Sebec, ME 04481

Veteran's Services:

Chadbourne-Merrill American Legion Post #29 – (207)564-8550 - 112 Park St, Dover-Foxcroft, ME 04426

Joseph P Chaisson American Legion Post #41 - 207-943-2542 – 18 W. Main St, Milo, ME 04463

Veterans Affairs - Bangor VA Department - 207-561-3650 – 304 Hancock St, Bangor, ME 04401

Healthcare:

Northern Lights Mayo Regional Hospital
(207)564-8401
897 W. Main St. Dover-Foxcroft, ME, 04426

Katahdin Valley Health Center
(207)538-3700
180 Main Rd. Brownville, ME 04414
188 Summer St. Dover-Foxcroft, ME 04426

Health Affiliates of Maine (HAM) (207)333-3278 – (877)888-4304
306 Rodman Rd. Auburn, ME 04210
Therapy Services, Telehealth Intensive Outpatient Program, Psychiatric Assessment
& Treatment, Substance Use Disorder Counseling, Services for Active Service
Members, Veterans, and Families, Case Management.

Women's Health Services:

Northern Light Women's Health: Obstetrics, Personalized Birth Plans, OB
Orientation, Car Seat Program, Gynecology, Adolescent Care, Menopause Counseling,
Uro/Gynecology Care, HPV Vaccinations, STD Treatment and Prevention,
Hysterectomy.

207-564-4470 – 891 W. Main St, Dover-Foxcroft, ME 04426

Women, Infant and Children (WIC):

Bangor Public Health & Community Services – Penobscot and Piscataquis Counties
Bangor: 207-992-4570

Maine CDC Breast and Cervical Health Program:

1-800-350-5180 Press 1 OR 207-287-8068, TTY users call Maine Relay - 711
www.maine.gov/dhhs/mecdc/population=health/bcp

Eastern Area Agency on Aging:

Brewer Office: 207-941-2865 – 1-800-432-7812 – www.eaaa.org – info@eaaa.org

240 State St, Brewer, ME 04412

Offers a wide variety of services and programs for older adults, caregivers, and
people with disabilities in Eastern Maine.

Social Security Office:

Bangor Office:

1-877-405-1448 – 202 Harlow St, Bangor, ME 04401

www.ssa.gov

Department of Health and Human Services (DHHS):

DHHS Administrative Office - 207-287-3707 -109 Capitol Street Augusta, ME 04333

Bangor District Office - 207-532-5000 (Toll Free: 1-800-432-7338) – 19 Maine Ave, Bangor, ME 04401

DHHS Applications:

MaineCare: Maine's Medicare Program – Insurance for low income families.

Food Supplement: SNAP - Helps low-income households buy food.

Temporary Assistance for Needy Families (TANF): Provides cash assistance for a limited number of months, to families with children in need of support.

Alternative Aid (AA): Provides cash assistance for a limited number of months, to families with children in need of support.

Emergency Assistance (EA): Help for families with children who are facing destitution or homelessness because of an emergency situation.

Child Care Subsidy Program: Helps families to pay for child care so they can work, go to school or participate in a job training program.

State Supplement: Provides cash payment to aged, blind, or disabled people who get SSI, or would be eligible for SSI except for income or due to citizenship rules.

Katie Beckett: Offers MaineCare eligibility for children under age 19 with severe health conditions who are not in a medical facility but need the level of care of a facility.

Medicare Savings Program (Buy-In): Pays Medicare deductibles, co-pays, co-insurance and premiums for low-income Medicare members.

Family Planning Services (MaineCare): Helps with the following services: Family Planning, Reproductive and Sexual Health Care or Sexually Transmitted Infections.

Applications can be found here: <https://www.maine.gov/dhhs/ofa/applications-forms>

Application by phone: 855-797-7357

CDS – Stepping Stones (Child Development Services):

The Child Development Services system is an Intermediate Educational Unit that provides both Early Intervention (birth through two years) and Free Appropriate Public Education (for ages three through five years) under the supervision of the Maine Department of Education. The CDS system ensures the provision of special education rules, federal and state regulations statewide, through a network of regional sites.

(207)404-5013 – 125 Summer St. Dover-Foxcroft, ME 04426

Activities, Jobs, Education, Miscellaneous:

Piscataquis Regional YMCA

207-564-7111 - www.prymca.org - 48 Park St, Dover-Foxcroft ME 04426

Central Hall Commons - 207-343-3018 - www.centralhallcommons.org

152 E Main St, Dover-Foxcroft, ME 04426

Support Groups, AA meetings, Yoga, Knitting, Social Groups

Piscataquis Valley Adult Education Cooperative

207-564-6525 - www.pvaec.com - 50 Mayo St, Dover-Foxcroft, ME 04426

Adult Education, HI-Set & high school Diploma Program, Maine College and Career access courses, Enrichment courses.

Piscataquis Chamber of Commerce:

207-564-7533 - www.piscataquischamber.com -1033 South St, Dover-Foxcroft, ME 04426

Local Information, Activities, Education & Workforce Development

Legal Services:

Pine Tree Legal

Legal Services provided throughout the entire state to low-income persons or families.

207-774-8211 - www.plta.org

Alternate Numbers: 207-764-4349/207-942-8241/207-622-4731/207-784-1558/207-255-8656

211 Maine:

Call or Text 2-1-1

What it is: 211 Maine is a collaborative effort to ensure people in Maine have access to the information they need to stay safe and healthy.

Housing Options:

Brownville

The Quarry Pines (207)965-6121
7 Foresst Ave.

Dover-Foxcroft

Country Meadows (Family) (207)338-8538
15 Country Meadows Ln.

Meadow view Apartments (800)338-8538
185 Summer St.

North View Apartments (800)338-8538
185 Summer St.

Riverview Apartments I, II, II (Family) (207)945-9342
930 W. Main St.

Thayer Parkway (207)990-2099
33 Thayer Parkway

Medford

Kilmarnock Pines (207)775-2325
1117 Medford Center Rd.

Milo

Garden Apartments (207)695-3733
15 Garden Way

Milo Heights (Family) (207)695-3733
27-29 High St.

Park Street Village (Family) (207)582-1888
45 Park St.

Pleasant Park (207)695-3733
10 Pleasant Park Circle

Woodland Acres (207)990-2099
26 Woodland Acres

Helping Hands with Heart

(207)408-8040

Helping Hands with Heart is a collaboration of local services that offer support and resources to children and their families. Sue Machey Andrews

MaineHousing:

26 Edison Drive
Augusta, ME 04330-6046
(866)357-4853 or (207)624-5789
Maine Relay 711
mainehousing.org

PISCATAQUIS COUNTY
Partners for Peace* Domestic Violence
Dover-Foxcroft, ME (safe homes)
Tel. 1-800-863-9909

Community Health & Counseling Services

(207)947-0366
42 Cedar St./P.O. Box 425
Bangor, ME 04402

Bridging Rental Assistance Program (BRAP) – Provides two years of rental assistance to assist people with mental illness until a participant receives a Section 8 Voucher. BRAP participants pay 51% of their income towards their rent.
Shelter Plus Care (S+C) Program – Provides a permanent housing voucher to assist homeless persons with severe and long term disability on a long term basis. Participants pay 30% of their income for rent.

PCs for People:

PCs for People is a national nonprofit social enterprise working to get low-cost quality computers and internet into the homes of individuals, families, and nonprofits with low income. By recycling and then refurbishing computers, PCs for People provides a valuable service to businesses, families, and the planet by keeping computers out of landfills and repurposing them to advance digital inclusion.

www.pcsforpeople.org
1-651-354-2552

Telephone Resources:

Low Cost Telephone Service

Maine's LifeLine Programs are providing eligible Maine residents with low-cost telephone installation and services.

This benefit gives eligible consumers a monthly discount of up to \$9.25. Consumers living on Tribal lands are eligible for an enhanced discount of up to \$34.25 per month.

Visit www.lifelinesupport.org for more information. Apply online or contact your Phone, Wireless, or Internet carrier for more information.

To qualify for these services, you must get help from one of the following programs:

- MaineCare
- Food Supplements (formerly Food Stamps)
- Temporary Assistance for Needy Families (TANF)
- Supplemental Security Income (SSI)
- Emergency Assistance Program
- Home Energy Assistance Program (HEAP)

Lifeline Support Center at (800

AirVoice Wireless:

Low cost cellphone plans using the AT&T network. Provides sim card and range of plans starting at \$10.00 per month. Offers low cost phone's with payment plans. Pay 1, 3, 6, or 12 months ahead of time.

Visit airvoicewireless.com for more information on coverage area and costs.

Free and Low-Cost Adaptive Phone Equipment

Mainers with hearing disabilities may be eligible based on income to receive a captioned, amplified or voice-activated telephone. [Disability Rights Maine posts more information about captioned, amplified or voice-activated telephones – and how to access them.](#)

Contact your Aging & Disability Resource Center by calling 1-877-353-3771 for more information.